



Meet Name: 2014 Orchard AAU Powerlifting Meet

Location: Orchard High School Orchard, NE

Meet Date: 05-Apr-14

Director: Jeff Shabram

Wt Class	Name	Age	City, State	Division	Squat		Bench		DeadLift		Total	
					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
Female Raw Powerlifting												
097	Alyx Siems	13	Clearwater, NE	Youth	45.00	99.00	20.00	44.00	60.00	132.25	125.00	275.50
105	Haley Blecher	13	Clearwater, NE	Youth	35.00	77.00	20.00	44.00	52.50	115.50	107.50	236.75
114	Heaven Smith	15	Orchard, NE	Teen	62.50	137.75	40.00	88.00	92.50	203.75	195.00	429.75
123	Sandra Gomez	18	Lexington, NE	Teen	87.50	192.75	47.50	104.50	145.00	319.50	280.00	617.25
	Jordan Baker	17	Osceola, NE	Teen	107.50	236.75	52.50	115.50	115.00	253.50	275.00	606.25
	Emily Hausmann	15	Spencer, NE	Teen	60.00	132.25	42.50	93.50	95.00	209.25	197.50	435.25
	Jessa McCarthy	16	Naper, NE	Teen	50.00	110.00	40.00	88.00	72.50	159.75	162.50	358.00
	Shelby Heiser	16	Lynch, NE	Teen	47.50	104.50	27.50	60.50	67.50	148.75	142.50	314.00
132	Gabrielle Jobe	11	Council Bluffs, IA	Youth	50.00	110.00	32.50	71.50	67.50	148.75	150.00	330.50
	Aura Revolorio	18	Lexington, NE	Teen	90.00	198.25	42.50	93.50	125.00	275.50	257.50	567.50
	Jaiden Switzer	15	Clearwater, NE	Teen	60.00	132.25	37.50	82.50	110.00	242.50	207.50	457.25
148	Bailey Burke	17	Omaha, NE	Teen	105.00	231.25	45.00	99.00	100.00	220.25	250.00	551.00
	Amber Bendig	17	Naper, NE	Teen	65.00	143.25	52.50	115.50	102.50	225.75	220.00	485.00
	Beth Abdo	14	Omaha, NE	Teen	60.00	132.25	42.50	93.50	87.50	192.75	190.00	418.75
165	Brooklynn Chipps	13	Elgin, NE	Youth	75.00	165.25	45.00	99.00	112.50	248.00	232.50	512.50
	Paige Blecher	18	Clearwater, NE	Teen	60.00	132.25	35.00	77.00	102.50	225.75	197.50	435.25
	Keely Black	16	Lynch, NE	Teen	55.00	121.25	32.50	71.50	95.00	209.25	182.50	402.25
	Kendra Froman	15	Lynch, NE	Teen	40.00	88.00	25.00	55.00	80.00	176.25	145.00	319.50
	Kiley Hansen	35	Omaha, NE	Open	82.50	181.75	45.00	99.00	105.00	231.25	232.50	512.50
	Diana North	27	Omaha, NE	Open	95.00	209.25	40.00	88.00	95.00	209.25	230.00	507.00
181	Ashley Hoferer	22	Norfolk, NE	Open	137.50	303.00	55.00	121.25	142.50	314.00	335.00	738.50
	Makayla Jacobson	24	Omaha, NE	Open	65.00	143.25	37.50	82.50	97.50	214.75	200.00	440.75
	Ellen Wilson	26	Lincoln, NE	Open	95.00	209.25	0.00	0.00	105.00	231.25	0.00	0.00
198	Kaci Schacht	16	Orchard, NE	Teen	92.50	203.75	52.50	115.50	120.00	264.50	265.00	584.00
	Jena Hart	14	Clarkson, NE	Teen	97.50	214.75	35.00	77.00	112.50	248.00	245.00	540.00
	Claire Conklin	18	Spencer, NE	Teen	72.50	159.75	45.00	99.00	77.50	170.75	195.00	429.75
	Katey Dodge	32	Lincoln, NE	Open	147.50	325.00	72.50	159.75	145.00	319.50	365.00	804.50
220	Cassie Steskal	16	Clearwater, NE	Teen	82.50	181.75	45.00	99.00	110.00	242.50	237.50	523.50
	Trisha Collins	18	Spalding, NE	Teen	87.50	192.75	42.50	93.50	100.00	220.25	230.00	507.00
UNL	LaKeisha Wheeler	16	Butte, NE	Teen	87.50	192.75	42.50	93.50	105.00	231.25	235.00	518.00
	Amanda Pospisil	27	Norfolk, NE	Open	145.00	319.50	85.00	187.25	160.00	352.50	390.00	859.75
Female Equipped Powerlifting												
114	Bailey Kuhlmann	16	Table Rock, NE	Teen	85.00	187.25	52.50	115.50	107.50	236.75	245.00	540.00
123	Faith Woslager	14	Clearwater, NE	Teen	52.50	115.50	30.00	66.00	70.00	154.25	152.50	336.00
148	Amanda Antholz	16	Humboldt, NE	Teen	92.50	203.75	32.50	71.50	112.50	248.00	237.50	523.50
	Kasey Kappel	18	Humboldt, NE	Teen	82.50	181.75	42.50	93.50	97.50	214.75	222.50	490.50
165	Shelbie Wilhelm	20	Humboldt, NE	Master	80.00	176.25	0.00	0.00	102.50	225.75	0.00	0.00
181	Victoria Worthey	14	Humboldt, NE	Teen	72.50	159.75	0.00	0.00	107.50	236.75	0.00	0.00
220	Alayna Allen	15	Columbus, NE	Teen	97.50	214.75	42.50	93.50	112.50	248.00	252.50	556.50
UNL	Logan Standerford	14	Humboldt, NE	Teen	92.50	203.75	50.00	110.00	145.00	319.50	287.50	633.75



Meet Name: 2014 Orchard AAU Powerlifting Meet

Location: Orchard High School Orchard, NE

Meet Date: 05-Apr-14

Director: Jeff Shabram

Wt Class	Name	Age	City, State	Division	Squat		Bench		DeadLift		Total	
					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
Male Raw Powerlifting												
	<i>Ty Rix</i>	10	Clearwater, NE	Youth	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	<i>Aaron Legate</i>	15	Clearwater, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	<i>Jesse Appel</i>	15	Columbus, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	<i>Howard Huffman</i>	58	Lincoln, NE	Open	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
066	Wyatt Shabram	7	Orchard, NE	Youth	32.50	71.50	20.00	44.00	42.50	93.50	95.00	209.25
097	Gunnar Shabram	10	Orchard, NE	Youth	45.00	99.00	30.00	66.00	57.50	126.75	132.50	292.00
114	<i>Mason Siems</i>	15	Clearwater, NE	Teen	0.00	0.00	37.50	82.50	100.00	220.25	0.00	0.00
123	Creston Bertschinger	14	Ewing, NE	Teen	90.00	198.25	60.00	132.25	152.50	336.00	302.50	666.75
	Seth Lampert	14	Orchard, NE	Teen	90.00	198.25	50.00	110.00	120.00	264.50	260.00	573.00
	Justin Bolin	14	Ericson, NE	Teen	55.00	121.25	35.00	77.00	65.00	143.25	155.00	341.50
	<i>Brandon Aguilar</i>	16	Clearwater, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
132	Arnulfo Salas	16	Orchard, NE	Teen	100.00	220.25	82.50	181.75	162.50	358.00	345.00	760.50
	Joseph Scott	17	Omaha, NE	Teen	102.50	225.75	67.50	148.75	130.00	286.50	300.00	661.25
	Arthur Link	18	Blair, NE	Teen	115.00	253.50	57.50	126.75	120.00	264.50	292.50	644.75
	<i>Jacob Tabbert</i>	15	Orchard, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
148	Ira Lampert	12	Orchard, NE	Youth	85.00	187.25	55.00	121.25	92.50	203.75	232.50	512.50
	Alec Kadous	17	Columbus, NE	Teen	152.50	336.00	92.50	203.75	190.00	418.75	435.00	959.00
	Spencer Volden	17	Orchard, NE	Teen	152.50	336.00	80.00	176.25	177.50	391.25	410.00	903.75
	Robert Lewis	15	Cotesfield, NE	Teen	102.50	225.75	65.00	143.25	130.00	286.50	297.50	655.75
	Jory Carson	16	Lynch, NE	Teen	80.00	176.25	60.00	132.25	120.00	264.50	260.00	573.00
	Braedyn Iwan	14	Columbus, NE	Teen	50.00	110.00	47.50	104.50	92.50	203.75	190.00	418.75
165	Matt Koener	18	Ewing, NE	Teen	142.50	314.00	82.50	181.75	190.00	418.75	415.00	914.75
	Brendon Pribil	16	Bennington, NE	Teen	120.00	264.50	85.00	187.25	135.00	297.50	340.00	749.50
	Jannik Hahn	16	Butte, NE	Teen	100.00	220.25	75.00	165.25	140.00	308.50	315.00	694.25
	Joey Colfack	17	Butte, NE	Teen	75.00	165.25	80.00	176.25	145.00	319.50	300.00	661.25
	Dimas Martin	17	Spencer, NE	Teen	100.00	220.25	62.50	137.75	132.50	292.00	295.00	650.25
	Timothy Burdick	17	Bartlett, NE	Teen	77.50	170.75	77.50	170.75	115.00	253.50	270.00	595.00
	Tyler Holm	26	Omaha, NE	Open	175.00	385.75	110.00	242.50	195.00	429.75	480.00	1058.00
	Joshua Geist	27	Omaha, NE	Open	122.50	270.00	107.50	236.75	182.50	402.25	412.50	909.25
	James Geist	52	Papillion, NE	Master	102.50	225.75	117.50	259.00	137.50	303.00	357.50	788.00
181	Trevor Grimm	17	Omaha, NE	Teen	147.50	325.00	92.50	203.75	157.50	347.00	397.50	876.25
	Brandon Zavala	38	Waverly, NE	Open	135.00	297.50	120.00	264.50	190.00	418.75	445.00	981.00
	Levi Wentworth	21	Emmet, NE	Open	155.00	341.50	112.50	248.00	167.50	369.25	435.00	959.00
198	Jesel Pastor	18	Lexington, NE	Teen	182.50	402.25	110.00	242.50	197.50	435.25	490.00	1080.25
	Alex Olivan	16	Clearwater, NE	Teen	162.50	358.00	82.50	181.75	187.50	413.25	432.50	953.25
	Kane Swanson	15	Spencer, NE	Teen	120.00	264.50	77.50	170.75	137.50	303.00	335.00	738.50
	Joistein Jensen	18	Butte, NE	Teen	102.50	225.75	92.50	203.75	140.00	308.50	335.00	738.50
	Alex Berney	14	Spalding, NE	Teen	105.00	231.25	67.50	148.75	117.50	259.00	290.00	639.25
	<i>Zane Herley</i>	14	Clearwater, NE	Teen	45.00	99.00	37.50	82.50	0.00	0.00	0.00	0.00
	Austin Kjergaard	25	Watertown, SD	Open	195.00	429.75	142.50	314.00	200.00	440.75	537.50	1184.75
	Mark Reuer	38	Watertown, SD	Open	147.50	325.00	112.50	248.00	162.50	358.00	422.50	931.25
	Josh Haggin	40	Omaha, NE	Master	167.50	369.25	100.00	220.25	210.00	462.75	477.50	1052.50
220	Everardo Corona	16	Lexington, NE	Teen	165.00	363.75	102.50	225.75	190.00	418.75	457.50	1008.50
	Orlando Roman	17	Clearwater, NE	Teen	117.50	259.00	97.50	214.75	157.50	347.00	372.50	821.00
	Anthony Nichols	20	Waterloo, NE	Open	162.50	358.00	110.00	242.50	205.00	451.75	477.50	1052.50
242	Jayle Hinkle	17	Ericson, NE	Teen	160.00	352.50	122.50	270.00	200.00	440.75	482.50	1063.50
	Mark Patrick	15	Royal, NE	Teen	87.50	192.75	50.00	110.00	145.00	319.50	282.50	622.75
	Jeff Shabram	37	Orchard, NE	Open	172.50	380.25	125.00	275.50	207.50	457.25	505.00	1113.25



Meet Name: 2014 Orchard AAU Powerlifting Meet

Location: Orchard High School Orchard, NE

Meet Date: 05-Apr-14

Director: Jeff Shabram

Wt Class	Name	Age	City, State	Division	Squat		Bench		DeadLift		Total	
					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
242	Jesse Poessnecker	21	Atkinson, NE	Open	225.00	496.00	0.00	0.00	227.50	501.50	0.00	0.00
	Jerald Utter	49	Lincoln, NE	Master	242.50	534.50	180.00	396.75	230.00	507.00	652.50	1438.50
275	Dakota Reinert	17	St. Paul, NE	Teen	172.50	380.25	102.50	225.75	185.00	407.75	460.00	1014.00
	Ryan Reineke	17	Ericson, NE	Teen	107.50	236.75	85.00	187.25	145.00	319.50	337.50	744.00
	Clinton Berg	36	Lincoln, NE	Open	212.50	468.25	152.50	336.00	227.50	501.50	592.50	1306.00
308	Oscar Villatoro	18	Lexington, NE	Teen	212.50	468.25	127.50	281.00	255.00	562.00	595.00	1311.50
	Stephen Scott	19	Lincoln, NE	Teen	172.50	380.25	102.50	225.75	207.50	457.25	482.50	1063.50
	Nathan Redwing	27	Omaha, NE	Open	275.00	606.25	202.50	446.25	277.50	611.75	755.00	1664.25
SH	Timothy Swanson	38	Geneva, NE	Open	250.00	551.00	182.50	402.25	260.00	573.00	692.50	1526.50
	Daniel Bunch	49	La Vista, NE	Open	212.50	468.25	115.00	253.50	227.50	501.50	555.00	1223.50
	Daniel Bunch	49	La Vista, NE	Master	212.50	468.25	115.00	253.50	227.50	501.50	555.00	1223.50

Male Equipped Powerlifting

066	Gage Gregurich	9	Valley, NE	Youth	37.50	82.50	25.00	55.00	62.50	137.75	125.00	275.50
132	Neil Hartman	9	Valley, NE	Youth	0.00	0.00	32.50	71.50	0.00	0.00	0.00	0.00
148	Justin Allemang	16	Clearwater, NE	Teen	120.00	264.50	75.00	165.25	180.00	396.75	375.00	826.50
	Alex Reed	14	Lynch, NE	Teen	97.50	214.75	72.50	159.75	112.50	248.00	282.50	622.75
165	Dylan Kirkpatrick	16	Columbus, NE	Teen	130.00	286.50	77.50	170.75	160.00	352.50	367.50	810.00
	Alex Hart	17	Lynch, NE	Teen	90.00	198.25	72.50	159.75	135.00	297.50	297.50	655.75
	Lane Woslager	16	Clearwater, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
181	Jordan Volden	19	Orchard, NE	Teen	165.00	363.75	72.50	159.75	182.50	402.25	420.00	925.75
	Jordan Volden	19	Orchard, NE	Open	165.00	363.75	72.50	159.75	182.50	402.25	420.00	925.75
198	Jesus Munoz	18	Columbus, NE	Teen	172.50	380.25	125.00	275.50	237.50	523.50	535.00	1179.25
	Zach Hyde	15	Columbus, NE	Teen	142.50	314.00	67.50	148.75	155.00	341.50	365.00	804.50
220	Jacob Svitak	16	Columbus, NE	Teen	120.00	264.50	72.50	159.75	157.50	347.00	350.00	771.50
242	Sam Tierney	16	Columbus, NE	Teen	155.00	341.50	125.00	275.50	182.50	402.25	462.50	1019.50

Female Raw Bench Only

220	Trisha Collins	18	Spalding, NE	Teen	--	-	42.50	93.50	--	-	42.50	93.50
-----	----------------	----	--------------	------	----	---	-------	-------	----	---	-------	-------

Male Raw Bench Only

	Alex Schoenenberger	14	Ericson, NE	Teen	--	-	0.00	0.00	--	-	0.00	0.00
123	Justin Bolin	14	Ericson, NE	Teen	--	-	35.00	77.00	--	-	35.00	77.00
165	Timothy Burdick	17	Bartlett, NE	Teen	--	-	77.50	170.75	--	-	77.50	170.75
181	Joey Reineke	13	Ericson, NE	Teen	--	-	30.00	66.00	--	-	30.00	66.00
	Brandon Zavala	38	Waverly, NE	Open	--	-	120.00	264.50	--	-	120.00	264.50
198	Alex Berney	14	Spalding, NE	Teen	--	-	67.50	148.75	--	-	67.50	148.75
220	Quentin Coatney	26	Humboldt, NE	Open	--	-	155.00	341.50	--	-	155.00	341.50
242	Jayle Hinkle	17	Ericson, NE	Teen	--	-	122.50	270.00	--	-	122.50	270.00
275	Ryan Reineke	17	Ericson, NE	Teen	--	-	85.00	187.25	--	-	85.00	187.25

Male Equipped Bench Only

181	Jordan Volden	19	Orchard, NE	Teen	--	-	72.50	159.75	--	-	72.50	159.75
	Jordan Volden	19	Orchard, NE	Open	--	-	72.50	159.75	--	-	72.50	159.75
220	Bryce Gregurich	33	Valley, NE	Open	--	-	137.50	303.00	--	-	137.50	303.00

Female Raw Push Pull

132	Aura Revolorio	18	Lexington, NE	Teen	--	-	42.50	93.50	125.00	275.50	167.50	369.25
181	Makayla Jacobson	24	Omaha, NE	Open	--	-	37.50	82.50	97.50	214.75	135.00	297.50
198	Jena Hart	14	Clarkson, NE	Teen	--	-	35.00	77.00	112.50	248.00	147.50	325.00
220	Trisha Collins	18	Spalding, NE	Teen	--	-	42.50	93.50	100.00	220.25	142.50	314.00



Meet Name: 2014 Orchard AAU Powerlifting Meet

Location: Orchard High School Orchard, NE

Meet Date: 05-Apr-14

Director: Jeff Shabram

Wt Class	Name	Age	City, State	Division	Squat		Bench		DeadLift		Total	
					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
Male Raw Push Pull												
123	Justin Bolin	14	Ericson, NE	Teen	--	-	35.00	77.00	65.00	143.25	100.00	220.25
165	Timothy Burdick	17	Bartlett, NE	Teen	--	-	77.50	170.75	115.00	253.50	192.50	424.25
	Monte Lofing	55	Beatrice, NE	Open	--	-	92.50	203.75	162.50	358.00	255.00	562.00
	James Geist	52	Papillion, NE	Master	--	-	117.50	259.00	137.50	303.00	255.00	562.00
181	Joey Reineke	13	Ericson, NE	Teen	--	-	30.00	66.00	67.50	148.75	97.50	214.75
	Brandon Zavala	38	Waverly, NE	Open	--	-	120.00	264.50	190.00	418.75	310.00	683.25
198	Alex Berney	14	Spalding, NE	Teen	--	-	67.50	148.75	117.50	259.00	185.00	407.75
220	Everardo Corona	16	Lexington, NE	Teen	--	-	102.50	225.75	190.00	418.75	292.50	644.75
	Ryan Hart	27	Stanton, NE	Open	--	-	145.00	319.50	255.00	562.00	400.00	881.75
	Anthony Nichols	20	Waterloo, NE	Open	--	-	110.00	242.50	205.00	451.75	315.00	694.25
242	Jayle Hinkle	17	Ericson, NE	Teen	--	-	122.50	270.00	200.00	440.75	322.50	710.75
275	Ryan Reineke	17	Ericson, NE	Teen	--	-	85.00	187.25	145.00	319.50	230.00	507.00
308	Nathan Redwing	27	Omaha, NE	Open	--	-	202.50	446.25	277.50	611.75	480.00	1058.00
Male Equipped Push Pull												
066	Gage Gregurich	9	Valley, NE	Teen	--	-	25.00	55.00	62.50	137.75	87.50	192.75
132	Neil Hartman	9	Valley, NE	Teen	--	-	32.50	71.50	0.00	0.00	0.00	0.00
181	Jordan Volden	19	Orchard, NE	Teen	--	-	72.50	159.75	182.50	402.25	255.00	562.00
	Jordan Volden	19	Orchard, NE	Open	--	-	72.50	159.75	182.50	402.25	255.00	562.00

Outstanding Teen Lifters of the Meet

Male	Female
Alec Kadous	Sandra Gomez
Oscar Villatoro	Kaci Schacht

Team Results

- 1 - Orchard
- 2 - Columbus
- 3 - Boyd County
- 4 - HTRS
- 5 - Lexington
- 6 - Wheeler Central
- 7 - Concordia HS - Omaha
- 8 - Southside - Lincoln
- 9 - Omaha
- 10- Valley Waterloo