



Meet Name: 2011 Powerlift on the Plains

Location: SDSU Brookings, SD

Meet Date: 22-Jan-11

Director: Jay Trenhaile

| Wt Class | Name | Age | City, State | Division | Squat | | Bench | | DeadLift | | Total | |
|-------------------------------------|------------------|-----|----------------|----------|--------|--------|--------|--------|----------|--------|--------|---------|
| | | | | | Kilo's | Lbs | Kilo's | Lbs | Kilo's | Lbs | Kilo's | Lbs |
| Female Raw Powerlifting | | | | | | | | | | | | |
| 105 | Ashley Cooper | 12 | Orchard, NE | Youth | 40.00 | 88.00 | 25.00 | 55.00 | 65.00 | 143.25 | 130.00 | 286.50 |
| 114 | Briana Stelling | 13 | Orchard, NE | Youth | 65.00 | 143.25 | 30.00 | 66.00 | 75.00 | 165.25 | 170.00 | 374.75 |
| 132 | Andrea Benson | 12 | Volga, sd | Youth | 42.50 | 93.50 | 32.50 | 71.50 | 80.00 | 176.25 | 155.00 | 341.50 |
| 165 | Michaela Thiele | 17 | Clearwater, NE | Teen | 65.00 | 143.25 | 47.50 | 104.50 | 102.50 | 225.75 | 215.00 | 473.75 |
| | Monique Herley | 16 | Clearwater, NE | Teen | 50.00 | 110.00 | 35.00 | 77.00 | 82.50 | 181.75 | 167.50 | 369.25 |
| 181 | Kaci Schacht | 13 | Orchard, NE | Youth | 57.50 | 126.75 | 37.50 | 82.50 | 90.00 | 198.25 | 185.00 | 407.75 |
| | Sarah Twibell | 15 | Orchard, NE | Teen | 65.00 | 143.25 | 47.50 | 104.50 | 112.50 | 248.00 | 225.00 | 496.00 |
| 220 | Taylor Brandt | 17 | Royal, NE | Teen | 87.50 | 192.75 | 52.50 | 115.50 | 112.50 | 248.00 | 252.50 | 556.50 |
| Female Equipped Powerlifting | | | | | | | | | | | | |
| 148 | Kara Trenhaile | 13 | Volga, SD | Youth | 67.50 | 148.75 | 40.00 | 88.00 | 92.50 | 203.75 | 200.00 | 440.75 |
| Male Raw Powerlifting | | | | | | | | | | | | |
| 105 | Jagger Smith | 13 | Orchard, NE | Youth | 57.50 | 126.75 | 37.50 | 82.50 | 105.00 | 231.25 | 200.00 | 440.75 |
| | Westin Trenhaile | 10 | Volga, SD | Youth | 47.50 | 104.50 | 30.00 | 66.00 | 75.00 | 165.25 | 152.50 | 336.00 |
| 114 | Spencer Volden | 14 | Orchard, NE | Teen | 110.00 | 242.50 | 47.50 | 104.50 | 132.50 | 292.00 | 290.00 | 639.25 |
| 132 | Zachary Benson | 9 | Volga, SD | Youth | 47.50 | 104.50 | 37.50 | 82.50 | 80.00 | 176.25 | 165.00 | 363.75 |
| 148 | Ernie Short | 15 | Clearwater, NE | Teen | 90.00 | 198.25 | 62.50 | 137.75 | 137.50 | 303.00 | 290.00 | 639.25 |
| 165 | Ty Hahlbeck | 14 | Ewing, NE | Teen | 80.00 | 176.25 | 47.50 | 104.50 | 105.00 | 231.25 | 232.50 | 512.50 |
| 198 | Matt Newman | 19 | Orchard, NE | Teen | 182.50 | 402.25 | 112.50 | 248.00 | 205.00 | 451.75 | 500.00 | 1102.25 |
| | David Hansen | 35 | Lisbon, ND | Open | 175.00 | 385.75 | 127.50 | 281.00 | 297.50 | 655.75 | 600.00 | 1322.75 |
| 220 | James Watson | 30 | Lincoln, NE | Open | 230.00 | 507.00 | 152.50 | 336.00 | 255.00 | 562.00 | 637.50 | 1405.25 |
| Male Equipped Powerlifting | | | | | | | | | | | | |
| 123 | Michael Beckman | 17 | Orchard, NE | Teen | 142.50 | 314.00 | 62.50 | 137.75 | 147.50 | 325.00 | 352.50 | 777.00 |
| 132 | Zach Benson | 9 | Volga, SD | Youth | 47.50 | 104.50 | 37.50 | 82.50 | 80.00 | 176.25 | 165.00 | 363.75 |
| 165 | Jordan Volden | 15 | Orchard, NE | Teen | 100.00 | 220.25 | 52.50 | 115.50 | 147.50 | 325.00 | 300.00 | 661.25 |
| | Monte Mason | 52 | Redfield, SD | Master | 215.00 | 473.75 | 142.50 | 314.00 | 185.00 | 407.75 | 542.50 | 1195.75 |
| 220 | Jeff Shabram | 34 | Orchard, NE | Open | 182.50 | 402.25 | 132.50 | 292.00 | 207.50 | 457.25 | 522.50 | 1151.75 |
| Male Equipped Bench Only | | | | | | | | | | | | |
| 198 | Aaron Hauf | 15 | Clearwater, NE | Teen | - | - | 60.00 | 132.25 | - | - | 60.00 | 132.25 |
| Male Equipped Push Pull | | | | | | | | | | | | |
| 165 | Burt Newman | 20 | Orchard, NE | Open | - | - | 75.00 | 165.25 | 197.50 | 435.25 | 272.50 | 607.75 |